

# HASTINGS SAINTS INTRASQUAD TRACK & FIELD MEET 2025

## Rolling Schedule of Events (Times Are Estimated)

### **Long Distance Running**

**6:00** 800 m, all divisions (3<sup>rd</sup>-6<sup>th</sup>)

### **Field Events – rolling in order listed**

#### **6:15 Shot put girls**

1st & 2nd grade girls  
3rd & 4 grade girls  
5th & 6th grade girls

#### **6:15 Javelin throw girls**

5th & 6th grade girls  
Kindergarten - girls  
1st & 2nd grade girls  
3rd & 4 grade girls

#### **6:15 Long jump boys – South Pit**

Kindergarten boys  
1st & 2nd grade boys

#### **6:15 Long jump boys – North Pit**

3rd & 4th grade boys  
5th & 6th grade boys

#### **7:00 Shot put boys**

1st & 2nd grade boys  
3rd & 4 grade boys  
5th & 6th grade boys

#### **7:00 Javelin throw boys**

5th & 6th grade boys  
Kindergarten - boys  
1st & 2nd grade boys  
3rd & 4 grade boys

#### **7:00 Long jump girls – North**

Kindergarten girls  
1st & 2nd grade girls

#### **7:00 Long jump girls – South Pit**

3rd & 4 grade girls  
5th & 6th grade girls

will be mixed but will be awarded separately.

### **7:45 Sprint Events**

#1 – 400 m, girls (3<sup>rd</sup>-4<sup>th</sup>)

#2 – 400 m, boys (3<sup>rd</sup>-4<sup>th</sup>)

#3 – 400 m, girls (5<sup>th</sup>-6<sup>th</sup>)

#4 – 400 m, boys (5<sup>th</sup>-6<sup>th</sup>)

#5 – 50 m, girls and boys (K)

#6 – 50 m, girls (1<sup>st</sup>-2<sup>nd</sup>)

#7 – 50 m, boys (1<sup>st</sup>-2<sup>nd</sup>)

#8 – 200 m, girls (1<sup>st</sup>-2<sup>nd</sup>)

#9 – 200 m, boys (1<sup>st</sup>-2<sup>nd</sup>)

#10 – 200 m, girls (3<sup>rd</sup>-4<sup>th</sup>)

#11 – 200 m, boys (3<sup>rd</sup>-4<sup>th</sup>)

#12 – 200 m, girls (5<sup>th</sup>-6<sup>th</sup>)

#13 – 200 m, boys (5<sup>th</sup>-6<sup>th</sup>)

#14 – 100 m, girls and boys (K)

#15 – 100 m, girls (1<sup>st</sup>-2<sup>nd</sup>)

#16 – 100 m, boys (1<sup>st</sup>-2<sup>nd</sup>)

#17 – 100 m, girls (3<sup>rd</sup>-4<sup>th</sup>)

#18 – 100 m, boys (3<sup>rd</sup>-4<sup>th</sup>)

#19 – 100 m, girls (5<sup>th</sup>-6<sup>th</sup>)

#20 – 100 m, boys (5<sup>th</sup>-6<sup>th</sup>)

Port-a-potty is behind the shed on the NE side.

Be careful of the raised boundary between the Field and the track!

Please throw all trash away!

To avoid running alone, some age groups

