

HASTINGS SAINTS INTRASQUAD TRACK & FIELD MEET 2024

Rolling Schedule of Events

Long Distance Running

6:00 800 m, all divisions (3rd-6th)

Field Events

6:00 Shot and Javelin throw – all girls

6:00 Long jump – all boys

6:45 Shot and Javelin throw – all boys

6:45 Long jump – all girls

To avoid running alone, some age groups will be mixed but will be awarded separately.

Sprint Events

#1 – 400 m, girls (3rd-4th)

#2 – 400 m, boys (3rd-4th)

#3 – 400 m, girls (5th-6th)

#4 – 400 m, boys (5th-6th)

#5 – 50 m, girls and boys (K)

#6 – 50 m, girls (1st-2nd)

#7 – 50 m, boys (1st-2nd)

#8 – 200 m, girls (1st-2nd)

#9 – 200 m, boys (1st-2nd)

#10 – 200 m, girls (3rd-4th)

#11 – 200 m, boys (3rd-4th)

#12 – 200 m, girls (5th-6th)

#13 – 200 m, boys (5th-6th)

#14 – 100 m, girls and boys (K)

#15 – 100 m, girls (1st-2nd)

#16 – 100 m, boys (1st-2nd)

#17 – 100 m, girls (3rd-4th)

#18 – 100 m, boys (3rd-4th)

#19 – 100 m, girls (5th-6th)

#20 – 100 m, boys (5th-6th)



Port-a-potty is behind the shed on the NE side.