



2018 Hastings Saints Track Invitational

Site: Adams Central High School - 1090 S Adams Central Ave, Hastings, NE 68901

Date & Time: Saturday, June 2, 2018 Sanction: Nebraska Association USATF
10 am field events, 12 pm running events

Track Surface: 1/4" spikes only.

Age Divisions:

8 & Under (born 2010+) 3 events only individually or 2 individual events + 1 relay)
9 & 10 Years Old (2008-2009) (3 events only individually or 2 individual events + 1 relay)
11 & 12 Years Old (2006-2007), (3 events only individually or 2 individual events + 1 relay)
13 & 14 Years Old (2004-2005), 4 events (any combination of relay and individual events)
15 & 16 Years Old (2002-2003), 4 events (any combination of relay and individual events)
17 & 18 Years Old (2000-2001), 4 events (any combination of relay and individual events)
Athletes born in 1999 are also eligible if they turn 19 on or after July 30.

REMEMBER – Competition age is your child's age on December 31st of 2018!

Admission: Adults--\$4.00, kids 6-12--\$2.00, 5 & under free. "COACH" USATF cards will be honored. USATF registration for athletes is not necessary, this is a developmental meet.

Refreshments: Standard concession items will be sold.

Registration: Hastings Saints athletes register on www.hastingsssaints.com

All other athletes register on www.athletic.net website with the following link:
<https://www.athletic.net/TrackAndField/meet/337517/register>

Registration deadline is May 29

Fees

Hastings Saints families will pay online on the team website.

All other athletes - Coaches can register their entire team, or parents can register their children

Before May 23 – mail payment to Paul Rodriguez, 600 Mallard Circle, Hastings NE 68901

After May 23 – bring a check to the meet, payment must be received before competition starts

\$5.00 per event (includes a leg of a relay). All entry fees are non-refundable.

When mailing payment, please include the names of the athletes the payments are for and contact phone #
Checks/Money Orders made payable to Hastings Saints

Awards: Ribbons for 1st through 8th place

For further information, contact meet director Paul Rodriguez, 402-984-3794 rodriguez.paul86@gmail.com

SCHEDULE OF FIELD EVENTS:

*Announcements of any changes the day of the meet take precedence over the printed schedule.
Groups may be combined.*

FIELD EVENTS START TIME: 10:00 A.M.

(All field events except High Jump, 4 attempts; no finals)

LONG JUMP pit #1 Boys 8 & Under, 9-10, 11-12, 13-14, 15-16, 17-18

LONG JUMP pit #2 Girls 8 & Under, 9-10, 11-12, 13-14, 15-16, 17-18

TRIPLE JUMP pit #3 Girls followed by Boys 13-14, 15-16-17-18

HIGH JUMP: Boys followed by Girls 17-18, 15-16, 13-14, 11-12, 9-10

SHOT PUT Girls followed by Boys: 11-12, 13-14, 15-16, 17-18, 8 & under, 9-10

DISCUS Boys followed by Girls 11-12, 13-14, 15-16, 17-18

SCHEDULE OF RUNNING EVENTS:

Announcements of any changes the day of the meet take precedence over the printed schedule.

“Standard order” will be: 8 & under, 9-10, 11-12, 13-14, 15-16 and 17-18, Girls followed by Boys

RUNNING EVENTS START TIME 12:00 P.M. (approximate, may start up to 15 min earlier)

3000m run: 11-12, 13-14, 15-16 and 17-18 girls followed by boys *finals AGE GROUPS MAY BE COMBINED*

80 m hurdles: 11-12 girls followed by boys *finals by time comparison*

100/110 m hurdles: 13-14, 15-16, 17-18 girls followed by boys *finals by time comparison*

100m dash: standard order *qualifying* (TOP 8 ADVANCE)

400m dash: standard order *finals by time comparison*

200m dash: standard order *finals by time comparison*

800m run: standard order *finals by time comparison*

100m dash: standard order *finals*

200 m hurdles: 13-14, 15-16, 17-18 girls followed by boys *finals by time comparison*

1500m run: standard order *finals by time comparison AGE GROUPS MAY BE COMBINED*

4X100m relay: standard order *finals by time comparison AGE GROUPS MAY BE COMBINED*

4X400m relay: standard order *finals by time comparison AGE GROUPS MAY BE COMBINED*

- If you are competing in a running event while competing in a field event, running events take precedence. Check in with your field event first, if possible get all of your jumps or throws done before the running event.

Meet Director – Paul Rodriguez 402-984-3794